Comstock Park High School Lunch Menu January 8th – 12th, 2024

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE	-
	_

	Monday	Tuesday	Wednesday	Thursday	Friday		
create	Chicken Tenders-Plain or Spicy w/ Cornbread Muffin	Dumplings(6) Sweet & Spicy Fried Rice	Spaghetti w/ Meat Sauce or Meatballs Garlic Bread	Breakfast for Lunch- Southwest Breakfast Bowl w/ Chorizo	Bone in or Boneless Wings- Plain, Buffalo, or BBQ Side of Mac n Cheese		
	Mashed Potatoes w/ Gravy	Global Eats Seasoned Mixed Veggies	Seasoned Green Beans	Tater Tots Milk Day	Waffle Fries BBQ Baked Beans		
% CONO	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or						
CELEBRATE LATIN	Walking Tacos. Top it your way with fresh veggies, sauces, & cheese						
	Personal Pepperoni Pizza	Meat Lover's Pizza	Italian Sausage Pizza	Enriched Pepperoni Pizza	Classic Pepperoni		
2 mato	Cheesy Stromboli	Bosco Breadsticks w/ Marinara Sauce	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza		
	Breaded Chicken		Breaded Chicken	Breaded Chicken			
	Sandwich-Plain or	Cheeseburger	Sandwich-Plain or	Sandwich-Plain or	Pizza Sub		
and a	Spicy	Breaded Chicken	Spicy	Spicy	Pork Carnitas		
omilled	Breaded Mozzarella	Sandwich-Plain or	Mini Corn Dogs	Bacon Cheeseburger	Quesadilla Breaded Chicken		
B T V D D F C C	Sticks w/ Marinara	Spicy	2 Chicken & Cheese	Combo Chicken	Sandwich-Plain or Spicy		
EXPKESS	BBQ Riblet Sandwich	Seasoned Mixed	Crispito's	Nuggets & Breaded	Waffle Fries		
	Mashed Potatoes w/	Veggies	Seasoned Green	Mozzarella Sticks	DDO Dakad Daana		
	Gravv		Beans	Tater Tots	BBQ Baked Beans		
	Gravy		Beans	Tater Tots	BBQ Baked Beans		
	Gravy		Beans Our Own Deli S		BBQ Baked Beans		
50			our Own Deli S	Sandwich			
SO DELI	Available D	Build Y	our Own Deli S Meats, Chees	Sandwich ses, Homemade	e Whole Grain		
SO DELI	Available D	Build Y Paily: Variety of ad, & Wraps, V	our Own Deli S Meats, Chees egetable Toppi	Sandwich ses, Homemade ngs, and Cond	e Whole Grain		
SO DELI	Available D Brea	Build Yourlety or	our Own Deli S Meats, Chees egetable Toppi	Sandwich ses, Homemade ngs, and Cond anola	e Whole Grain iments		
	Available D	Build Y Paily: Variety of ad, & Wraps, V Bilable Daily: Fruit Y	our Own Deli S Meats, Chees egetable Toppi ogurt Parfaits w/ Gr	Sandwich ses, Homemade ngs, and Cond	e Whole Grain		
SO DELI ONEGO	Available D Brea Ava Turkey & Cheese Salad w/ 2 Dinner	Build Your State of the American State of th	four Own Deli S f Meats, Chees egetable Toppil ogurt Parfaits w/ Gr Popcorn Chicken Salad w/ 1 Dinner	Sandwich ses, Homemade ngs, and Conde ranola Ham & Cheese Salad	e Whole Grain iments Spicy Breaded chicken		
	Available D Brea Ava Turkey & Cheese Salad w/ 2 Dinner Rolls Ham & Salami Italian	Build Younger States of St	four Own Deli S f Meats, Chees egetable Toppi ogurt Parfaits w/ Gr Popcorn Chicken Salad w/ 1 Dinner Rolls	Sandwich ses, Homemade ngs, and Condi anola Ham & Cheese Salad w/ 2 Dinner Rolls Turkey Pesto	Spicy Breaded chicken Salad w/ 1 Dinner roll Fruit Pizza-67710 w/ side		
	Available D Brea Ava Turkey & Cheese Salad w/ 2 Dinner Rolls Ham & Salami Italian	Build Younger States of St	four Own Deli S f Meats, Chees egetable Toppi ogurt Parfaits w/ Gr Popcorn Chicken Salad w/ 1 Dinner Rolls	Sandwich ses, Homemade ngs, and Condi anola Ham & Cheese Salad w/ 2 Dinner Rolls Turkey Pesto	Spicy Breaded chicken Salad w/ 1 Dinner roll		
	Available D Brea Ava Turkey & Cheese Salad w/ 2 Dinner Rolls Ham & Salami Italian Pasta Salad Cherry Tomatoes	Build Your Paily: Variety of Add, & Wraps, Volume Paily: Fruit You Breaded Chicken Caesar Salad w/ 2 Dinner Rolls Buffalo Chicken Wrap Baby Carrots Romaine Blend Side	four Own Deli S Meats, Chees egetable Toppil ogurt Parfaits w/ Gr Popcorn Chicken Salad w/ 1 Dinner Rolls Turkey Ranch Wrap Celery Sticks	Sandwich Ses, Homemade Ses, Homemade Ses, and Condi Seanola Ham & Cheese Salad W/ 2 Dinner Rolls Turkey Pesto Pinwheels-41217.411 Assorted Veggies Romaine Blend Side	Spicy Breaded chicken Salad w/ 1 Dinner roll Fruit Pizza-67710 w/ side of Cubes & Yogurt Broccoli Florets		





All meals come with choice of low-fat 1% white or chocolate milk MENU SUBJECT TO CHANGE

	i	MENU SUBJ	ECT TO CHANGE				
	Monday	Tuesday	Wednesday	Thursday	Friday		
cr eat e	No School	Sichuan Style Sweet & Spicy Bang Bang Chicken Fried Rice Roasted Carrots International Hot & Spicy Food Day	Belgian Waffle Scrambled Eggs w/ Cheese Sausage Link Tater Tots	Macaroni & Cheese Bar- Plain or Tex -Mex Breadstick Seasoned Green Beans	Baked Potato Bar-Ham, Bacon, W/ Bosco Breadsticks Broccoli w/ Cheese Sauce Smile Fries National Popcorn Day		
SOND CELEBRATE LATIN	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese						
	No	Supreme Pizza	Meat Lover's Personal Pizza	Enriched Mexican Pizza	Classic Pepperoni		
2 mato	School	Classic Cheese Pizza	Classic Cheese Pizza	Bosco Breadsticks W/ Marinara Sauce	Classic Cheese Pizza		
grilled	No School	Bacon Cheeseburger Buffalo Chicken Quesadilla-35178.63 Breaded Chicken Sandwich-Plain or Spicy Roasted Carrots	Corn Dog Breaded Chicken Sandwich on a Pretzel Bun-Plain or Spicy Ruben-Turkey or Corned Beef Tater Tots	Breaded Chicken Sandwich-Plain or Spicy Cheeseburger Seasoned Green Beans	Grilled Chicken Club Sandwich BBQ Beef Brisket Tostada Breaded Chicken Sandwich-Plain or Spicy Broccoli W/ Cheese Sauce		
Puild Your Own Doli Sandwich							
SO DELI	Build Your Own Deli Sandwich Available Daily: Variety of Meats, Cheeses, Homemade Whole Grain Bread, & Wraps, Vegetable Toppings, and Condiments						
	Available Daily: Fruit Yogurt Parfaits w/ Granola						
ON≝GO	No	Turkey Chef Salad w/ 2 Dinner Rolls	Popcorn Chicken Salad w/ Dinner Roll	Ham & Cheese Chef Salad w/ 2 Dinner Rolls	Buffalo Chicken Salad w/ 1 Dinner Roll		
	School	Pesto Chicken Wrap	Roast Beef & Cheese Wrap	Spicy Buffalo Chicken Wrap	Roast Beef, Provolone, Tomato Ranch Wrap		
extra extra	No School	Baby Carrots Romaine Blend Side Salad 100% Fruit Juice Fresh Apple Slices Red Seedless Grapes	Celery Sticks Mixed Peppers 100% Fruit Juice Banana Assorted Fruit	Assorted Veggies Romaine Blend Side Salad 100% Fruit Juice Orange Wedges Applesauce	Broccoli Florets Assorted Veggies Fresh Apple Side Kick Slushies		



Comstock Park High School Lunch Menu January 22nd – 26th, 2024
All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE

		WILITO CODOL	CT TO CHANGE			
	Monday	Tuesday	Wednesday	Thursday	Friday	
cr eat e	Orange Chicken Fried Rice Egg Roll Sweet and Spicy Green Beans Chinese New Year	Cinnamon Glazed French Toast Scrambled Eggs w/ Cheese Tater Tots	Pasta Bar: Pick 1 Chicken Alfredo Pasta Spaghetti w/ Meat Sauce Seasoned Corn Curly Fries	Breaded Chicken Drumstick w/ Cornbread Poppers Mashed Potatoes w/ Gravy	½ Day	
≈ cono	DAILY: Build you	ır own Chicken, B		os, Burritos, Nach	os, or Walking	
SOUTH	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese					
6	Enriched Meat Lover's Stromboli	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Chicken Bacon Ranch Pizza	- ½ Day -	
mato	Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Bosco Breadsticks w/ Marinara Sauce	72 Bay	
grilled	Breaded Chicken Sandwich-Plain or Spicy BBQ Riblet Sandwich Corn Dog Sweet and Spicy Green Beans	Breaded Chicken Sandwich-Plain or Spicy Chicken & Cheese Pesto Flatbread Cheeseburger Tater Tots	2 Soft Pretzels w/ Cheese Sauce Toasted Turkey Pesto Sandwich Breaded Chicken Sandwich-Plain or Spicy Curly Fries Seasoned Corn	Bacon Cheeseburger BBQ Pulled Pork, Cheese, peppers on Ciabatta Sandwich Breaded Chicken Sandwich -Plain or Spicy Mashed Potatoes W/ Gravy	½ Day	
		Build Y	our Own Deli S	Sandwich		
Available Daily: Variety of Meats, Cheeses, Homemade Whole					e Whole Grain	
DELI	DELI Bread, & Wraps, Vegetable Toppings, and Condiments					
	Ava	ailable Daily: Fruit Y ∣	ogurt Parfaits w/ Gi Grilled Chicken	ranola Turkey & Ham Cobb		
ONEGO	Popcorn Chicken Salad w/ Dinner Roll	Turkey Chef Salad w/ 2 Dinner Rolls	Caesar W/ 2 Dinner Rolls	Salad w/ 2 Dinner Rolls	½ Day	
	Turkey BLT Wrap	Cajun Chicken Wrap	Ham & Cheese Wrap	Buffalo Ranch Chicken Wrap		
		5.1.0	0.1.00			
ëxtra.	Cherry Tomatoes Cucumber Coins	Baby Carrots Romaine Blend Side Salad	Celery Sticks Mixed Peppers	Assorted Veggies Romaine Blend Side Salad	½ Day	
extra	100% Fruit Juice Assorted Fruit Fresh Pear	100% Fruit Juice Fresh Apple Slices Seedless Grapes	100% Fruit Juice Banana Assorted Fruit	100% Fruit Juice Orange Wedges Applesauce	72 Day	
This institution is an equal opportunity provider.						

Comstock Park High School Lunch Menu January 29th – February 2nd, 2024

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE

	1	ay with fresh v	eggies, sauces	Pulled BBQ Pork TOTchos w/ Tortilla Chips or Flour Tortilla Tater Tots Tater Tot Day Groundhog Day itos, Nachos, or		
Cueso Cheese Tortilla Chips Curly Fries Tortilla Chips C	or Broccoli Cheese Grilled Cheese Sandwich on Pretzel Bun Seasoned Corn National Croissant Day your own Chick s. Top it your w	Garlic Bread Seasoned Green Beans Sen, Beef, or Beyay with fresh v	Plain or Spicy Mac n Cheese Mashed Potatoes w/ Gravy Baked Beans ean Tacos, Burn eggies, sauces	TOTchos w/ Tortilla Chips or Flour Tortilla Tater Tots Tater Tot Day Groundhog Day itos, Nachos, or		
sonal Pepperoni Pizza lassic Cheese	your own Chick s. Top it your w	ay with fresh v	ean Tacos, Burr eggies, sauces			
sonal Pepperoni Pizza lassic Cheese	s. Top it your w	ay with fresh v	eggies, sauces			
Pizza lassic Cheese	Italian Sausage Pizza	. F:				
Pizza lassic Cheese	Italian Sausage Pizza	D.				
		Supreme Pizza	Meat Lover's Pizza	Personal Pepperoni Pizza		
1 1224	Classic Cheese Pizza	Classic Cheese Pizza	Bosco Breadsticks w/ Marinara Sauce	Classic Cheese Pizza		
f Teriyaki Dippers Mac n Cheese eaded Chicken indwich-plain or Spicy ef Philly Cheese teak Sandwich Curly Fries	Chicken, Bacon Cheddar Melt Cheeseburger Ham & Cheese Croissants Seasoned Corn	Southwest Pull Apart Breadstick Breaded Chicken Sandwich-Plain or Spicy Buffalo Chicken Quesadilla Seasoned Green Beans	Breaded Chicken Sandwich-Plain or Spicy BBQ Riblet Sandwich Bacon Cheeseburger Mashed Potatoes w/ Gravy Baked Beans	Genoa Salami, Ham Pesto Flatbread 2 Chicken & Cheese Crispito Breaded Chicken Sandwich-Plain or Spicy Tater Tots		
Build Your Own Deli Sandwich						
Available D	nily: Variety of Meats, Cheeses, Homemade Whole Grain					
Ava	illable Daily: Fruit Y					
alo Chicken Salad / 1 Dinner Roll	Ham Chef Salad w/ 2 Dinner Rolls	Popcorn Chicken Salad w/ 2 Dinner Rolls	Turkey & Cheese Salad w/ 2 Dinner Rolls	Breaded Chicken BLT Salad W/ Dinner Roll		
ey, Cheddar BLT Wrap	Chicken Caesar Wrap	Honey Mustard Ham & Cheese Wrap	Buffalo Chicken Wrap	5 Layered Taco Dip w/ Tortilla Chips		
nerry Tomatoes ucumber Coins 00% Fruit Juice Assorted Fruit Fresh Pear	Baby Carrots Romaine Blend Side Salad 100% Fruit Juice Fresh Apple Slices Red Seedless Grapes	Celery Sticks Mixed Peppers 100% Fruit Juice Banana Assorted Fruit	Romaine Blend Side Salad Assorted Veggies 100% Fruit Juice Orange Wedges Applesauce	Broccoli Florets Assorted Veggies Fresh Apple Side Kick Slushies		
	Teriyaki Dippers Mac n Cheese eaded Chicken ndwich-plain or Spicy of Philly Cheese eak Sandwich Curly Fries Available D Brea Io Chicken Salad 1 Dinner Roll ey, Cheddar BLT Wrap erry Tomatoes icumber Coins 0% Fruit Juice assorted Fruit Fresh Pear	Teriyaki Dippers Mac n Cheese Paded Chicken Indwich-plain or Spicy Philly Cheese Peak Sandwich Curly Fries Build Y Available Daily: Variety of Bread, & Wraps, V Available Daily: Fruit Y Ham Chef Salad w/ 2 Dinner Roll Pey, Cheddar BLT Wrap Wrap Baby Carrots Romaine Blend Side Salad 100% Fruit Juice Assorted Fruit Fresh Pear Chicken, Bacon Cheddar Melt Cheeseburger Ham & Cheese Croissants Seasoned Corn Build Y Available Daily: Fruit Y Chicken Caesar Wrap Baby Carrots Romaine Blend Side Salad 100% Fruit Juice Fresh Apple Slices Red Seedless Grapes	Teriyaki Dippers Mac n Cheese Baded Chicken Indwich-plain or Spicy Be Philly Cheese Beak Sandwich Curly Fries Chicken, Bacon Cheddar Melt Cheeseburger Ham & Cheese Croissants Seasoned Corn Build Your Own Deli Seasoned Green Beans Available Daily: Variety of Meats, Cheese Bread, & Wraps, Vegetable Toppi Available Daily: Fruit Yogurt Parfaits w/ Green Beans Chicken Salad In Dinner Roll Build Your Own Deli Seasoned Green Beans Cheese Bread, & Wraps, Vegetable Toppi Available Daily: Fruit Yogurt Parfaits w/ Green Salad w/ 2 Dinner Rolls Bey, Cheddar BLT Wrap Chicken Caesar Wrap Baby Carrots Romaine Blend Side Salad 100% Fruit Juice Banana Assorted Fruit Fresh Pear	Teriyaki Dippers Mac n Cheese Padded Chicken Indwich-plain or Spicy Fries Chicken, Bacon Cheeddar Melt Cheeseburger Ham & Cheese Pak Sandwich Curly Fries Chicken Bacon Croissants Seasoned Corn Build Your Own Deli Sandwich Gravy Baked Beans Build Your Own Deli Sandwich Available Daily: Variety of Meats, Cheeses, Homemade Bread, & Wraps, Vegetable Toppings, and Condi Available Daily: Fruit Yogurt Parfaits w/ Granola Io Chicken Salad I Dinner Roll Popcorn Chicken Salad w/ 2 Dinner Rolls Chicken Caesar Wrap Baby Carrots Romaine Blend Side Salad 100% Fruit Juice Basoned Fruit Fresh Pear Southwest Pull Apart Breadstick Breaded Chicken Sandwich-Plain or Spicy Buffalo Chicken Sandwich-Plain or Spicy Buffalo Chicken Sandwich-Plain or Spicy Buffalo Chicken Sandwich-Plain or Spicy Bay Riblet Sandwich Bacon Cheeseburger Mashed Potatoes w/ Gravy Baked Beans Breaded Chicken Sandwich-Plain or Spicy Bay Riblet Sandwich Bacon Cheeseburger Mashed Potatoes W Gravy Baked Potatoes W Gravy Baked Beans Breaded Chicken Sandwich-Plain or Spicy Bay Riblet Sandwich Bacon Cheeseburger Mashed Potatoes W Gravy Baked Beans Fresh Pear Chicken Caesar Wrap Popcorn Chicken Salad w/ 2 Dinner Rolls Buffalo Chicken Wrap Celery Sticks Mixed Peppers 100% Fruit Juice Banana Assorted Veggies 100% Fruit Juice Orange Wedges Applesauce		

