


What's on the Menu?

Comstock Park High School Lunch Menu January 8th – 12th, 2024

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken Tenders-Plain or Spicy w/ Cornbread Muffin Mashed Potatoes w/ Gravy	Chicken & Vegetable Dumplings(6) Sweet & Spicy Fried Rice Global Eats Seasoned Mixed Veggies	Spaghetti w/ Meat Sauce or Meatballs Garlic Bread Seasoned Green Beans	Breakfast for Lunch-Southwest Breakfast Bowl w/ Chorizo Tater Tots Milk Day	Bone in or Boneless Wings- Plain, Buffalo, or BBQ Side of Mac n Cheese Waffle Fries BBQ Baked Beans
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Personal Pepperoni Pizza	Meat Lover's Pizza	Italian Sausage Pizza	Enriched Pepperoni Pizza	Classic Pepperoni
	Cheesy Stromboli	Bosco Breadsticks w/ Marinara Sauce	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza
	Breaded Chicken Sandwich-Plain or Spicy Breaded Mozzarella Sticks w/ Marinara BBQ Riblet Sandwich Mashed Potatoes w/ Gravy	Cheeseburger Breaded Chicken Sandwich-Plain or Spicy Seasoned Mixed Veggies	Breaded Chicken Sandwich-Plain or Spicy Mini Corn Dogs 2 Chicken & Cheese Crispito's Seasoned Green Beans	Breaded Chicken Sandwich-Plain or Spicy Bacon Cheeseburger Combo Chicken Nuggets & Breaded Mozzarella Sticks Tater Tots	Pizza Sub Pork Carnitas Quesadilla Breaded Chicken Sandwich-Plain or Spicy Waffle Fries BBQ Baked Beans
		Build Your Own Deli Sandwich			
Available Daily: Variety of Meats, Cheeses, Homemade Whole Grain Bread, & Wraps, Vegetable Toppings, and Condiments					
Available Daily: Fruit Yogurt Parfaits w/ Granola					
	Turkey & Cheese Salad w/ 2 Dinner Rolls	Breaded Chicken Caesar Salad w/ 2 Dinner Rolls	Popcorn Chicken Salad w/ 1 Dinner Rolls	Ham & Cheese Salad w/ 2 Dinner Rolls	Spicy Breaded chicken Salad w/ 1 Dinner roll
	Ham & Salami Italian Pasta Salad	Buffalo Chicken Wrap	Turkey Ranch Wrap	Turkey Pesto Pinwheels-41217.411	Fruit Pizza-67710 w/ side of Cubes & Yogurt
	Cherry Tomatoes Cucumber Coins	Baby Carrots Romaine Blend Side Salad	Celery Sticks Mixed Peppers	Assorted Veggies Romaine Blend Side Salad	Broccoli Florets Assorted Veggies
	100% Fruit Juice Assorted Fruit Fresh Pear	100% Fruit Juice Fresh Apple Slices Red Seedless Grapes	100% Fruit Juice Banana Assorted Fruit	100% Fruit Juice Orange Wedges Applesauce	Fresh Apple Side Kick Slushies

What's on the Menu?

Comstock Park High School Lunch Menu January 15th – 19th, 2024

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
create	No School	Sichuan Style Sweet & Spicy Bang Bang Chicken Fried Rice Roasted Carrots International Hot & Spicy Food Day	Belgian Waffle Scrambled Eggs w/ Cheese Sausage Link Tater Tots	Macaroni & Cheese Bar- Plain or Tex -Mex Breadstick Seasoned Green Beans	Baked Potato Bar-Ham, Bacon, W/ Bosco Breadsticks Broccoli w/ Cheese Sauce Smile Fries National Popcorn Day
sono	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
2mato	No School	Supreme Pizza	Meat Lover's Personal Pizza	Enriched Mexican Pizza	Classic Pepperoni
		Classic Cheese Pizza	Classic Cheese Pizza	Bosco Breadsticks W/ Marinara Sauce	Classic Cheese Pizza
grilled EXPRESS	No School	Bacon Cheeseburger Buffalo Chicken Quesadilla-35178.63 Breaded Chicken Sandwich-Plain or Spicy Roasted Carrots	Corn Dog Breaded Chicken Sandwich on a Pretzel Bun-Plain or Spicy Ruben-Turkey or Corned Beef Tater Tots	Breaded Chicken Sandwich-Plain or Spicy Cheeseburger Seasoned Green Beans	Grilled Chicken Club Sandwich BBQ Beef Brisket Tostada Breaded Chicken Sandwich-Plain or Spicy Broccoli W/ Cheese Sauce Smile Fries
SO DELI	<div>Build Your Own Deli Sandwich</div> <div>Available Daily: Variety of Meats, Cheeses, Homemade Whole Grain Bread, & Wraps, Vegetable Toppings, and Condiments</div>				
Available Daily: Fruit Yogurt Parfaits w/ Granola					
ON THE GO	No School	Turkey Chef Salad w/ 2 Dinner Rolls	Popcorn Chicken Salad w/ Dinner Roll	Ham & Cheese Chef Salad w/ 2 Dinner Rolls	Buffalo Chicken Salad w/ 1 Dinner Roll
		Pesto Chicken Wrap	Roast Beef & Cheese Wrap	Spicy Buffalo Chicken Wrap	Roast Beef, Provolone, Tomato Ranch Wrap
extra extra	No School	Baby Carrots Romaine Blend Side Salad 100% Fruit Juice Fresh Apple Slices Red Seedless Grapes	Celery Sticks Mixed Peppers 100% Fruit Juice Banana Assorted Fruit	Assorted Veggies Romaine Blend Side Salad 100% Fruit Juice Orange Wedges Applesauce	Broccoli Florets Assorted Veggies Fresh Apple Side Kick Slushies

What's on the Menu?

Comstock Park High School Lunch Menu January 22nd – 26th, 2024

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE



	Monday	Tuesday	Wednesday	Thursday	Friday
<div>create</div>	<div>Orange Chicken Fried Rice Egg Roll</div> <div>Sweet and Spicy Green Beans Chinese New Year</div>	<div>Cinnamon Glazed French Toast Scrambled Eggs w/ Cheese</div> <div>Tater Tots</div>	<div>Pasta Bar: Pick 1 Chicken Alfredo Pasta Spaghetti w/ Meat Sauce</div> <div>Seasoned Corn Curly Fries</div>	<div>Breaded Chicken Drumstick w/ Cornbread Poppers</div> <div>Mashed Potatoes w/ Gravy</div>	<div>1/2 Day</div>
<div>sono</div>	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
<div>2mato</div>	<div>Enriched Meat Lover's Stromboli</div> <div>Cheese Pizza</div>	<div>Classic Pepperoni Pizza</div> <div>Classic Cheese Pizza</div>	<div>Classic Pepperoni Pizza</div> <div>Classic Cheese Pizza</div>	<div>Chicken Bacon Ranch Pizza</div> <div>Bosco Breadsticks w/ Marinara Sauce</div>	<div>1/2 Day</div>
<div>grilled EXPRESS</div>	<div>Breaded Chicken Sandwich-Plain or Spicy</div> <div>BBQ Riblet Sandwich Corn Dog</div> <div>Sweet and Spicy Green Beans</div>	<div>Breaded Chicken Sandwich-Plain or Spicy</div> <div>Chicken & Cheese Pesto Flatbread Cheeseburger</div> <div>Tater Tots</div>	<div>2 Soft Pretzels w/ Cheese Sauce</div> <div>Toasted Turkey Pesto Sandwich</div> <div>Breaded Chicken Sandwich-Plain or Spicy</div> <div>Curly Fries Seasoned Corn</div>	<div>Bacon Cheeseburger BBQ Pulled Pork, Cheese, peppers on Ciabatta Sandwich</div> <div>Breaded Chicken Sandwich –Plain or Spicy</div> <div>Mashed Potatoes W/ Gravy</div>	<div>1/2 Day</div>
<div>SO DELI</div>	<div>Build Your Own Deli Sandwich</div> <div>Available Daily: Variety of Meats, Cheeses, Homemade Whole Grain Bread, & Wraps, Vegetable Toppings, and Condiments</div>				
Available Daily: Fruit Yogurt Parfaits w/ Granola					
<div>ON THE GO</div>	<div>Popcorn Chicken Salad w/ Dinner Roll</div> <div>Turkey BLT Wrap</div>	<div>Turkey Chef Salad w/ 2 Dinner Rolls</div> <div>Cajun Chicken Wrap</div>	<div>Grilled Chicken Caesar W/ 2 Dinner Rolls</div> <div>Ham & Cheese Wrap</div>	<div>Turkey & Ham Cobb Salad w/ 2 Dinner Rolls</div> <div>Buffalo Ranch Chicken Wrap</div>	<div>1/2 Day</div>
<div>extra extra</div>	<div>Cherry Tomatoes Cucumber Coins</div> <div>100% Fruit Juice Assorted Fruit Fresh Pear</div>	<div>Baby Carrots Romaine Blend Side Salad</div> <div>100% Fruit Juice Fresh Apple Slices Seedless Grapes</div>	<div>Celery Sticks Mixed Peppers</div> <div>100% Fruit Juice Banana Assorted Fruit</div>	<div>Assorted Veggies Romaine Blend Side Salad</div> <div>100% Fruit Juice Orange Wedges Applesauce</div>	<div>1/2 Day</div>

What's on the Menu?

Comstock Park High School Lunch Menu January 29th – February 2nd, 2024

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE

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	Monday	Tuesday	Wednesday	Thursday	Friday
	Buffalo Chicken Dip, Queso Cheese Tortilla Chips Curly Fries National Corn Chip Day	Soup-Chicken Noodle or Broccoli Cheese Grilled Cheese Sandwich on Pretzel Bun Seasoned Corn National Croissant Day	Beef Lasagna Garlic Bread Seasoned Green Beans	Popcorn Chicken- Plain or Spicy Mac n Cheese Mashed Potatoes w/ Gravy Baked Beans	Pulled BBQ Pork TOTchos w/ Tortilla Chips or Flour Tortilla Tater Tots Tater Tot Day Groundhog Day
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese				
	Personal Pepperoni Pizza Classic Cheese Pizza	Italian Sausage Pizza Classic Cheese Pizza	Supreme Pizza Classic Cheese Pizza	Meat Lover's Pizza Bosco Breadsticks w/ Marinara Sauce	Personal Pepperoni Pizza Classic Cheese Pizza
	Beef Teriyaki Dippers w/ Mac n Cheese Breaded Chicken Sandwich-plain or Spicy Beef Philly Cheese Steak Sandwich Curly Fries	Chicken, Bacon Cheddar Melt Cheeseburger Ham & Cheese Croissants Seasoned Corn	Southwest Pull Apart Breadstick Breaded Chicken Sandwich-Plain or Spicy Buffalo Chicken Quesadilla Seasoned Green Beans	Breaded Chicken Sandwich-Plain or Spicy BBQ Riblet Sandwich Bacon Cheeseburger Mashed Potatoes w/ Gravy Baked Beans	Genoa Salami, Ham Pesto Flatbread 2 Chicken & Cheese Crispito Breaded Chicken Sandwich-Plain or Spicy Tater Tots
	<div>Build Your Own Deli Sandwich</div> <div>Available Daily: Variety of Meats, Cheeses, Homemade Whole Grain Bread, & Wraps, Vegetable Toppings, and Condiments</div>				
Available Daily: Fruit Yogurt Parfaits w/ Granola					
	Buffalo Chicken Salad w/ 1 Dinner Roll Turkey, Cheddar BLT Wrap	Ham Chef Salad w/ 2 Dinner Rolls Chicken Caesar Wrap	Popcorn Chicken Salad w/ 2 Dinner Rolls Honey Mustard Ham & Cheese Wrap	Turkey & Cheese Salad w/ 2 Dinner Rolls Buffalo Chicken Wrap	Breaded Chicken BLT Salad W/ Dinner Roll 5 Layered Taco Dip w/ Tortilla Chips
	Cherry Tomatoes Cucumber Coins 100% Fruit Juice Assorted Fruit Fresh Pear	Baby Carrots Romaine Blend Side Salad 100% Fruit Juice Fresh Apple Slices Red Seedless Grapes	Celery Sticks Mixed Peppers 100% Fruit Juice Banana Assorted Fruit	Romaine Blend Side Salad Assorted Veggies 100% Fruit Juice Orange Wedges Applesauce	Broccoli Florets Assorted Veggies Fresh Apple Side Kick Slushies