Comstock Park High School Lunch Menu November 13th – 7^{th,} 2023

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE

		MENU SUBJE	CT TO CHANG			
	Monday	Tuesday	Wednesday	Thursday	Friday	
cr eat e	Chicken Tenders w/ Cornbread Poppers	Chicken & Vegetable Dumplings(6) Fried Rice Seasoned Mixed	Global Eats Tortellini w/ Meat Sauce Garlic Bread	Breakfast for Lunch- Southwest Breakfast Bowl w/ Chorizo	Bone in or Boneless Wings- Plain, Buffalo, or BBQ Side of Mac n Cheese Waffle Fries	
	Mashed Potatoes w/ Gravy World Kindness Day	Veggies National Pickle Day	Roasted Green Beans	Tater Tots	BBQ Baked Beans Substitute Educators Day	
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese					
O mato	Personal Pepperoni Pizza	Meat Lover's Pizza	Italian Sausage Pizza	Enriched Pepperoni Pizza	Classic Pepperoni	
	Cheesy Stromboli	Bosco Breadsticks w/ Marinara Sauce		Classic Cheese Pizza	Classic Cheese Pizza	
grilled EXPRESS	Breaded Chicken Sandwich-Plain or Spicy Breaded Mozzarella Sticks w/ Marinara BBQ Riblet Sandwich Mashed Potatoes w/ Gravy	Cheeseburger Breaded Chicken Sandwich-Plain or Spicy Seasoned Mixed Veggies	Breaded Chicken Sandwich-Plain or Spicy Mini Corn Dogs Roasted Green Beans	Breaded Chicken Sandwich-Plain or Spicy Bacon Cheeseburger Tater Tots	Pizza Sub Pork Carnitas Quesadilla Breaded Chicken Sandwich-Plain or Spicy Waffle Fries BBQ Baked Beans	
50	Build Your Own Deli Sandwich					
SO DELI	Available Daily : Variety of Meats, Cheeses, Homemade Whole Grain Bread, & Wraps, Vegetable Toppings, and Condiments					
	Δνε	ailable Daily: Fruit Y	oqurt Parfaits w/ Gr	anola		
ON≝GO	Turkey & Cheese Salad w/ 2 Dinner Rolls	Breaded Chicken Caesar Salad w/ 2 Dinner Rolls	Popcorn Chicken Salad w/ 1 Dinner Rolls		Spicy Breaded chicken Salad w/ 1 Dinner roll	
	Ham & Salami Italian Pasta Salad	Buffalo Chicken Wrap	Turkey Ranch Wrap	Turkey Pesto Pinwheels-41217.411	Fruit Pizza-67710 w/ side of Cubes & Yogurt	
ėxtra. extra	Cherry Tomatoes Cucumber Coins	Baby Carrots Romaine Blend Side Salad	Celery Sticks Mixed Peppers	Assorted Veggies Romaine Blend Side Salad	Broccoli Florets Assorted Veggies	
	100% Fruit Juice Assorted Fruit Fresh Pear	100% Fruit Juice Fresh Apple Slices Red Seedless Grapes	100% Fruit Juice Banana Assorted Fruit	100% Fruit Juice Orange Wedges Applesauce	Fresh Apple Side Kick Slushies	

serving up happy & healthy

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What's on the Menu?

Constock Park High School Lunch Menu November 20th – November 24th, 2023

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday		
cr eat e	Sweet & Sour Popcorn Chicken or Orange Chicken Fried Rice Seasoned Peas & Carrots	Belgian Waffle Scrambled Eggs w/ Cheese Sausage Link Tater Tots	No School Thanksgiving Break	No School Thanksgiving Break	No School Thanksgiving Break		
	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese						
	Supreme Pizza	Classic Pepperoni Pizza	No School Thanksgiving Break	No School Thanksgiving Break	No School Thanksgiving Break		
2 mato	Classic Cheese Pizza	Classic Cheese Pizza					
grilled EXPRESS	Enriched Toasted Ham, Salami, & Pepperoni Italian Sub Breaded Chicken Sandwich-Plain or Spicy Seasoned Peas & Carrots	Bacon Cheeseburger Buffalo Chicken Quesadilla-35178.63 Breaded Chicken Sandwich-Plain or Spicy Tater Tots	No School Thanksgiving Break	No School Thanksgiving Break	No School Thanksgiving Break		
		Build `	Your Own Deli	Sandwich			
SO DELI	Available Daily: Variety of Meats, Cheeses, Homemade Whole Grain Bread, & Wraps, Vegetable Toppings, and Condiments						
Available Daily: Fruit Yogurt Parfaits w/ Granola							
ON≝GO	Grilled Chicken Salad w/ 2 Dinner Rolls	Turkey Chef Salad w/ 2 Dinner Rolls		-			
	Turkey, Cheddar BLT Wrap	Pesto Chicken Wrap					
<mark>extra.</mark> extra	Cherry Tomatoes Cucumber Coins 100% Fruit Juice Assorted Fruit Fresh Pear	Baby Carrots Romaine Blend Side Salad 100% Fruit Juice Fresh Apple Slices Red Seedless Grapes	No School Thanksgiving Break	No School Thanksgiving Break	No School Thanksgiving Break		

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What's on the Menu?

Comstock Park High School Lunch Menu November 27th – December 1st, 2023

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday		
cr eat e	Global Eats-Pasta Bar Chicken Alfredo Pasta or Spaghetti w/ Meat Sauce Seasoned Green Beans	Cinnamon Glazed French Toast Scrambled Eggs w/ Cheese National French Toast Day Tater Tots	Macaroni & Cheese Bar-Plain or Tex -Mex Breadstick Curly Fries	Breaded Chicken Drumstick w/ Cornbread Poppers Mashed Potatoes w/ Gravy BBQ Baked Beans	Baked Potato Bar-Ham, Bacon, Cheese w/ Bosco Breadsticks Seasoned Broccoli w/ Cheese Sauce		
Source	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese						
6	Enriched Meat Lover's Stromboli	Classic Pepperoni Pizza	Classic Pepperoni Pizza	Chicken Bacon Ranch Pizza Bosco Breadsticks w/	Veggie Pizza		
mato	Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Marinara Sauce	Classic Cheese Pizza		
grilled EXPRESS	Breaded Chicken Sandwich-Plain or Spicy BBQ Riblet Sandwich Corn Dog Seasoned Green	Breaded Chicken Sandwich-Plain or Spicy Chicken & Cheese Pesto Flatbread	2 Soft Pretzels w/ Cheese Sauce Toasted Turkey Pesto Sandwich Breaded Chicken Sandwich-Plain or	Bacon Cheeseburger BBQ Pulled Pork, Cheese, peppers on Ciabatta Sandwich Breaded Chicken Sandwich –Plain or Spicy	Pizza Sub Breaded Mozzarella Sticks w/ Chicken Nuggets Breaded Chicken Sandwich –Plain or		
	Beans	Cheeseburger Tater Tots	Spicy Curly Fries	Mashed Potatoes W/ Gravy BBQ Baked Beans	Spicy Seasoned Broccoli w/ Cheese Sauce		
		Tater Tots	Curly Fries	Gravy BBQ Baked Beans	Seasoned Broccoli w/		
SO DELI	Beans Available D	Tater Tots Build Y aily: Variety o	Curly Fries Your Own Deli S f Meats, Chees	Gravy BBQ Baked Beans	Seasoned Broccoli w/ Cheese Sauce		
SO DELI	Beans Available D Brea	Tater Tots Build Y aily: Variety of d, & Wraps, V	Curly Fries Your Own Deli S f Meats, Chees Regetable Toppin	Gravy BBQ Baked Beans Sandwich es, Homemade ngs, and Condi	Seasoned Broccoli w/ Cheese Sauce		
SO DELI ONEGO	Beans Available D Brea	Tater Tots Build Y aily: Variety of d, & Wraps, V	Curly Fries Your Own Deli S f Meats, Chees	Gravy BBQ Baked Beans Sandwich es, Homemade ngs, and Condi ranola Turkey & Ham Cobb Salad w/ 2 Dinner Rolls	Seasoned Broccoli w/ Cheese Sauce		
	Beans Available D Brea Ava Popcorn Chicken	Tater Tots Build Y aily: Variety of d, & Wraps, V ailable Daily: Fruit Y Turkey Chef Salad w/	Curly Fries Our Own Deli S f Meats, Chees egetable Toppin Grilled Chicken Caesar W/ 2 Dinner	Gravy BBQ Baked Beans Sandwich es, Homemade ngs, and Condi ranola Turkey & Ham Cobb Salad w/ 2 Dinner	Seasoned Broccoli w/ Cheese Sauce		
	Beans Available D Brea Ava Popcorn Chicken Salad w/ Dinner Roll	Tater Tots Build Y aily: Variety of d, & Wraps, V ailable Daily: Fruit Y Turkey Chef Salad w/ 2 Dinner Rolls	Curly Fries Your Own Deli S f Meats, Chees egetable Toppin Grilled Chicken Caesar W/ 2 Dinner Rolls	Gravy BBQ Baked Beans Sandwich es, Homemade ngs, and Condi ranola Turkey & Ham Cobb Salad w/ 2 Dinner Rolls Buffalo Ranch	Seasoned Broccoli w/ Cheese Sauce		
	Beans Available D Brea Popcorn Chicken Salad w/ Dinner Roll Turkey BLT Wrap Cherry Tomatoes	Tater Tots Build Y aily: Variety of d, & Wraps, V ailable Daily: Fruit Y Turkey Chef Salad w/ 2 Dinner Rolls Cajun Chicken Wrap Baby Carrots Romaine Blend Side	Curly Fries Cour Own Deli S f Meats, Chees egetable Toppin Grilled Chicken Caesar W/ 2 Dinner Rolls Ham & Cheese Wrap Celery Sticks	Gravy BBQ Baked Beans Sandwich es, Homemade ngs, and Condi ranola Turkey & Ham Cobb Salad w/ 2 Dinner Rolls Buffalo Ranch Chicken Wrap Assorted Veggies Romaine Blend Side	Seasoned Broccoli w/ Cheese Sauce		

What's on the Menu? Comstock Park High School Lunch Menu December 4th – 8th, 2023

All meals come with choice of low-fat 1% white or chocolate milk

MENU SUBJECT TO CHANGE

		MENO SOBJE					
	Monday	Tuesday	Wednesday	Thursday	Friday		
cr eat e	Buffalo Chicken Dip, Queso Cheese Tortilla Chips Curly Fries	Chicken Tenders W/ Waffles Tater Tots	GLOBAL EATS Beef Lasagna Garlic Bread Seasoned Green	Popcorn Chicken- Plain or Spicy Macaroni & Cheese Mashed Potatoes w/	Soup-Chicken Noodle or Broccoli Cheese Grilled Cheese Sandwich on Pretzel Bum		
	Baked Beans		Beans	Gravy	Broccoli w/ Cheese sauce		
SONO CELEBRATE LATIN	DAILY: Build your own Chicken, Beef, or Bean Tacos, Burritos, Nachos, or Walking Tacos. Top it your way with fresh veggies, sauces, & cheese						
	Personal Pepperoni			Meat Lover's	Personal Pepperoni		
G	Personal Pepperoni Pizza	Italian Sausage Pizza	Supreme Pizza	Pizza	Pizza		
mato	Classic Cheese	Classic Cheese	Classic Cheese	Bosco Breadsticks w/	Classic Cheese		
	Pizza	Pizza	Pizza	Marinara Sauce	Pizza		
grilled EXPRESS	Beef Teriyaki Dippers w/ Mac n Cheese Breaded Chicken Sandwich-plain or Spicy Curly Fries Baked Beans	Chicken, Bacon Cheddar Melt Cheeseburger Beef Philly Cheese Steak Sandwich Tater Tots	Southwest Pull Apart Breadstick Breaded Chicken Sandwich-Plain or Spicy Buffalo Chicken Quesadilla Seasoned Green Beans	Breaded Chicken Sandwich-Plain or Spicy BBQ Riblet Sandwich Bacon Cheeseburger Mashed Potatoes w/ Gravy	Genoa Salami, Ham Pesto Flatbread Chicken & Cheese Crisptoes Breaded Chicken Sandwich-Plain or Spicy Broccoli w/ Cheese Sauce		
()	Build Your Own Deli Sandwich						
SO DELI	Available Daily: Variety of Meats, Cheeses, Homemade Whole Grain						
DELI	Bread, & Wraps, Vegetable Toppings, and Condiments						
	DIEd	iu, a vvraps, v	egelable Toppi	ngs, and Condi	mems		
	Ava	ailable Daily: Fruit Y	ogurt Parfaits w/ Gr	anola			
ON≝GO	Buffalo Chicken Salad w/ 1 Dinner Roll		Popcorn Chicken Salad w/ 2 Dinner Rolls	Turkey & Cheese Salad w/ 2 Dinner Rolls	Breaded Chicken BLT Salad W/ Dinner Roll		
	Turkey, Cheddar BLT Wrap	Chicken Caesar Wrap	Honey Mustard Ham & Cheese Wrap	Buffalo Chicken Wrap	5 Layered Taco Dip w/ Tortilla Chips		
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extra. extra	Cherry Tomatoes Cucumber Coins 100% Fruit Juice Assorted Fruit Fresh Pear	Baby Carrots Romaine Blend Side Salad 100% Fruit Juice Fresh Apple Slices Red Seedless Grapes	Celery Sticks Mixed Peppers 100% Fruit Juice Banana Assorted Fruit	Romaine Blend Side Salad Assorted Veggies 100% Fruit Juice Orange Wedges Applesauce	Broccoli Florets Assorted Veggies Fresh Apple Side Kick Slushies		



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